

STANFORD UNIVERSITY COVID EXPOSURE GUIDELINES  
(Faculty, Staff, Postdocs)

EXPOSURE TYPE	QUARANTINE/ISOLATION	POST-EXPOSURE TESTING *Test sooner with rapid test if develop symptoms	FACE COVERING
<b>HOUSEHOLD EXPOSURE</b> Share a room with the COVID+ individual, including a child in your house or a significant other	<b>Need to quarantine</b> Report exposure in HealthCheck. Medical response team will assess symptoms and nature of exposure for onsite access.	COVID test every few days until 5 days after your last infectious contact (Color/PCR/ Rapid Antigen)	Wear a well-fitting, high-quality face covering for 10 days after your last exposure (i.e. KN95)
<b>HIGH-INTENSITY EXPOSURE</b> Shared a prolonged car ride or similar, enclosed, unventilated, and unmasked exposure with an infectious person	<b>Need to quarantine</b> Report exposure in HealthCheck. Medical response team will assess symptoms and nature of exposure for onsite access.	day 4 Color/PCR (or day 5 rapid antigen test) <b>Need negative test to return same day</b>	
<b>OTHER CLOSE CONTACT EXPOSURE</b> Close contact, within 6 feet for 15 minutes or more, not meeting the conditions of high-intensity or household exposure	No quarantine required	day 4 Color/PCR (or day 5 rapid antigen test)	