

Guidelines for Workplace First Aid Kits

First-aid supplies are to be made available to all employees on every job as specified by Cal/OSHA [Title 8, California Code of Regulations, Section 3400(c)]. Provided below are University guidelines for workplace first aid kits.

GUIDELINES:

- (1) Approved* first-aid supplies shall be readily available to all employees on every job (including off-hour/ weekend shifts).
- (2) First-aid supplies shall be kept in a sanitary and usable condition.
- (3) First-aid supplies shall be inspected frequently and replenished as necessary.

***APPROVED FIRST AID KIT:**

Contents of first aid kits shall be the same or equivalent to the specific example recommended by the Stanford University Occupational Health Center below. *NOTE: For construction-related operations, contact EH&S- Occupational Health Center at x5-5308 for additional recommendations.*

Contractor Kit 25-Person, by First Aid Only Inc. (Available at: <http://www.firstaidonly.com/>)

This first-aid kit includes:

- (100) Adhesive plastic bandages, 1" x 3"
- (2) Knuckle fabric bandages
- (2) Fingertip fabric bandages
- (1) Conforming gauze roll, 3"
- (1) Triangular sling bandage
- (8) Gauze dressing pads, 3" x 3"
- (1) Trauma pad, 5" x 9"
- (42) BZK antiseptic towelettes
- (6) Antibiotic ointment packs
- (6) First aid/burn cream packs
- (1) Cold compress 4" x 5"
- (1) First aid tape roll, 1/2" x 10yd.
- (1) Scissors
- (1) Tweezers
- (4) Exam quality vinyl gloves, 2 pairs
- Emergency First Aid Guide